

Tao's Center Weekly Schedule

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10:00 - 10:30	Morning Meditation	Morning Meditation	Morning Meditation	Morning Meditation	Morning Meditation	Morning Meditation
10:30 - 11:30	Chi Kung	Chi Kung	Chi Kung	Chi Kung	Chi Kung	Chi Kung
11:45 - 12:30		The Ring		The Ring		The Ring
13:00						Kids Creativity session
16:45 - 17:45	Osho Kundalini Meditation		Osho Kundalini Meditation		Osho Kundalini Meditation	
18:00 - 19:30	Yoga	Yoga	Yoga	Yoga	Yoga	Healing
20:00					Tao's Movie Club	

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