

"Self Healing Chi Kung" with Lynn Gordon - Schedule

| | Wednesday | Thursday | Friday | Saturday | Sunday |
|---------------|---|---|---|---|---|
| 10:00 - 10:30 | Morning Zazen | Morning Zazen | Morning Zazen | Morning Zazen | |
| 10:30 - 11:30 | Chi Kung with Lynn | Chi Kung with Lynn | Chi Kung with Lynn | Chi Kung with Lynn | |
| 11:45 - 12:30 | Tao & Zen Ring | Tao & Zen Ring | Tao & Zen Ring | Tao & Zen Ring | Workshop noon session with Lynn |
| 13:00 - 14:30 | Workshop noon session with Lynn | Workshop noon session with Lynn | Workshop noon session with Lynn | Workshop noon session with Lynn | |
| 14:30 | Lunch | Lunch | Lunch | Lunch | Lunch |
| 18:00 - 19:30 | Workshop afternoon session with Lynn | Workshop afternoon session with Lynn | Workshop afternoon session with Lynn | Workshop afternoon session with Lynn | Workshop afternoon session with Lynn |